

FALL SERIES

Private Group Training for Elite Athletes

Sessions are developed to reach sport-specific goals to create faster and more powerful athletes.

SERIES INCLUDES:

- 4-8 athletes per group
- Tracked progress throughout the series
- Pre-testing on day 1, and post-testing on the final day

**For 8 week sessions only*



4-Week Series

2 days/week - \$160/person

3 days/week - \$240/person

8-Week Series

1 day/week - \$160/person

2 days/week - \$320/person

3 days/week - \$430/person

Contact us ASAP to Schedule!

773-941-6132

erinobrien@corefitnesspt.com

Time slots are limited and available on a first come, first served basis and fill up quickly.

Days/times are determined by your group. Payment for each participant is required in full. No refunds or make up credits for missed classes. Due to scheduling logistics and the progressive nature of this series, we do not accept walk-ins or "fill-ins."

10224 S. Kedzie, Unit C | Evergreen Park



CORE SPORT